

BURGERS

OUR SPECIALTY WITH VEGGIES AND/OR LEGUMES INSIDE THE BURGER PATTIE, SERVED WITH HOUSE SAUCES ON A FRESHLY BAKED, ORGANIC BURGER BUN.

The Beefroot – Angus pure beef, carrot and beetroot pattie, cos, tomato, gherkin and house awesome sauce, 12 

Swiss Beefroot – Angus pure beef, carrot and beetroot pattie, cos, tomato, white onion, gherkin, mustard, tomato sauce and swiss cheese, 14

Buffalo Beefroot – Angus pure beef, carrot and beetroot pattie, cos, tomato, mushrooms, peppers, chipotle sauce and buffalo mozzarella, 15

Veetroot – A vegetarian take on our most popular burger. Kumara, kale, beetroot and carrot pattie, cos, tomato, gherkin and awesome sauce, 12  

Lambea – Hormone-free first class Hawkes Bay lamb and chickpea pattie, rocket, parsley, lemon & caper salsa, house mustard and beetroot dip, 14 

Porkshroom – Harmony free range pork, mushroom and lentil pattie, cos lettuce, tomato, gherkin, sumac sauce and house mustard, 14 

Chickspin – SPCA accredited free-range chicken, spinach and herb pattie, cos, tomato, red onion, rocket sauce & avocado salsa, 12

Chilli Chickspin – SPCA accredited free-range chicken, spinach and herb pattie, rocket, tomato, red onion, tzatziki and spicy harissa, 12.5

EXTRAS: GF Bun 1, Swiss Cheese 2, Burger Pattie 4, Buffalo Mozzarella 4, Mushrooms 2, Tomato & Avocado Salsa 2

BUNDLES

OUR TAKE ON A KEBAB/BURRITO – BURGER PATTIES WRAPPED UP IN A FLOUR TORTILLA WITH ROCKET, RED CABBAGE, TABOULI, HUMMUS AND ONE OF OUR HOUSE SAUCES.

Choose a Pattie – Chickspin or Lampea, 14

Choose a Sauce – Tomato, spicy harissa, rocket, tzatziki (extra sauce 1)

BOWLS

Caesar Salad – Cos, kale, slow-roasted tomatoes, bulgur wheat & red quinoa w. shaved parmesan, croutons, prosciutto crumbs & a yoghurt take on the Caesar dressing, 12 

Redergize Salad – Grated beetroot, carrot, red quinoa, bulgur, red chard, currants, flax seeds, almonds and miso dressing 12   

EXTRAS: Poached chicken breast, 4. Bundle it, 2.

COLD & HOT SIDES

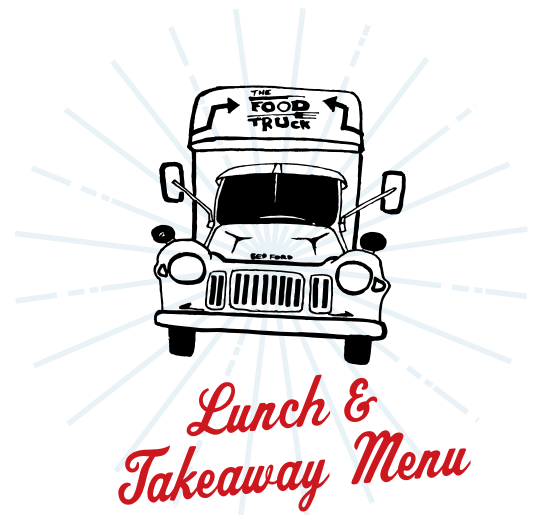
Petite potato, golden beetroot, gherkin, mustard dressing, 5.5   

Carrot, bulgur wheat, chervil and turmeric, ginger dressing, 5.5   

Beetroot, red cabbage, pumpkin seeds and orange coriander dressing, 5.5   

Skin-on agria potato bakes w. house tomato sauce, 4.5   

Chilli yams w. rocket sauce, 5.5   



DRINKS

House Sodas

Basil, Mint & Cucumber, 5
Lemonade, 5
Ginger Pop, 5
Passion Fizz, 5

Shakes

Made with frozen yoghurt & trim milk

Berrylicious - Raspberry, Cherry & Strawberry, 7
Feijoagoer - Feijoa, Pineapple & Vanilla Bean, 7
Banarama - Banana, date & fig, 7

Tea & Coffee

All your favourites from Eightthirty coffee plus a selection of loose leaf Harney & Son teas

Gunpowder Green 5
Pommegranate Oolong 5
White Vanilla Grapefruit 5
Organic English Breakfast 5
Organic Earl Grey 5
Organic Peppermint 5

Other

Fresh lime & soda, 3.5
Hopt Watermelon & Mint 5.5
Hopt Pear & Basil 5.5
Hopt Eldeberry & Herb 5.5
Hopt Salted Lychee 5.5
Orange, Apple, Cranberry or Pineapple Juice 4.5

P.T.O FOR WINE & BEER LIST

SUNDAES

PROBIOTIC VANILLA FRO-YO

The Works

Vanilla fro-yo, acai, blueberry and banana sauce, topped with crushed dark chocolate and almonds. 4.5

Creator

Probiotic vanilla frozen yoghurt with your choice of one sauce and one topping, 4.5

Sauces

Acai, blueberry & banana
Beetroot, cherry & strawberry
Feijoa, Pineapple & vanilla bean
Banana, date & fig

Toppings

Almonds, dark chocolate, hazelnuts, pistachio nuts

Additional sauces or toppings .5

 = Gluten Free  = Dairy Free
 = Can be made GF  = Vegetarian

TASTE TEST

FAST FOOD INSPIRED SHARED PLATES

Flatbread & dip (choose beetroot, eggplant or chickpea dip), 7 V

Chilli and lemon infused green olives, 6 V

Turmeric spiced chicken nibbles w. eggplant dip, 9

Lambpea meatballs (3) with beetroot dip, 9

Chipotle prawn tacos (3) w. cos, green beans, tomato & avocado salsa, 14

Harmony pork mini hot dogs (2) w. horseradish and avocado, 12

Chickspin sliders (3) w. fig, date & poached pear, 14 DF

Panko crumbed cauliflower florets w. rocket sauce, 7 V

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Buffalo Beefroot – Angus pure beef, carrot and beetroot pattie, cos, tomato, mushrooms, peppers, chipotle sauce and buffalo mozzarella, 15

Veefroot – A vegetarian take on our most popular Beefroot burger. Kumara, kale, beetroot and carrot pattie, cos, tomato, gherkin and awesome sauce, \$12 DF V

Lambpea – Hormone-free first class Hawkes Bay lamb and chickpea pattie, rocket, gremolata, house mustard and beetroot dip, 14 DF

Porkshroom – Harmony free range pork, mushroom and lentil pattie, cos lettuce, tomato, gherkin, sumac aioli and mustard, 14 DF

Chickspin – SPCA accredited free-range chicken, spinach and herb pattie, cos, tomato, red onion, rocket sauce & tomato avocado salsa, 12

Chilli Chickspin – SPCA accredited free-range chicken, spinach and herb pattie, rocket, tomato, red onion, tzatziki and spicy harissa sauce, 12.5

EXTRAS: GF Bun 1, Swiss Cheese 2, Burger Pattie 4, Buffalo Mozzarella 4, Mushrooms 2, Tomato & Avocado Salsa 2

BOWLS

Caesar Salad – Cos, kale, slow-roasted tomatoes, bulgur wheat & red quinoa w. shaved parmesan, croutons, prosciutto crumbs & a yoghurt take on the Caesar dressing, 12 GF

Redergize Salad – Grated beetroot, carrot, red quinoa, bulgur, red chard, currants, flax seeds, almonds and miso dressing, 12 GF DF V

EXTRAS: Poached chicken breast, 4. Bundle it, 2

COLD & HOT SIDES

Petite potato, golden beetroot, gherkin, mustard dressing, 5.5 GF DF V

Carrot, bulgur wheat, chervil and turmeric, ginger dressing, 5.5 GF DF V

Beetroot, red cabbage, pumpkin seeds and orange coriander dressing, 5.5 GF DF V

Skin-on agria potato bakes w. house tomato sauce, 4.5 GF DF V

Chilli yams w. rocket sauce, 5.5 GF DF V

DRINKS

Tap Wines

Pinot Gris, Waiamauku, 8 / 22

Pinot Noir, Waiamauku, 10 / 28

Bubbles & White Wine

Veuve du Vernay Brut, France, 12 (200ml)

Vavasour Sauvignon Blanc, Marlborough, 10 / 47

Carrick Chardonnay (organic), Central Otago, 12 / 57

Momo Pinot Gris (organic), Marlborough, 10 / 47

Red Wine

Main Divide Merlot Cabernet, Wairapa, 10 / 47

MOMO Pinot Noir (Organic), Marlborough, 12 / 57

Carrick Rosé (Organic), Central Otago, 10 / 47

Half Bottle (ideal for two)

Pegasus Bay Sauvignon Semillon, Waipara, 36

Te Mata Estate Chardonnay, Hawkes Bay, 38

Maude Pinot Noir, Central Otago, 40

Te Mata Awatea Cabernet Merlot, Hawkes Bay, 38

Tap Beer

Hallertau Luxe Lager, 7 / 10 / 22

Hallertau Statesman Pale Ale, 7 / 10 / 22

Bottled Beer & Cider

Hallertau Cider, 10

Amstel Light, 9

Pure Blonde, 9

Sodas

Basil, Mint & Cucumber, 5

Lemonade, 5

Ginger Pop, 5

Passion Fizz, 5

Shakes

Berrylicious - Rasp, Cherry & Strawberry, 7

Feijoagoer - Feijoa, Pineapple & Vanilla Bean, 7

Banarama - Banana, date & fig, 7

Other

Fresh lime & soda, 3.5

Hopt Watermelon & Mint 5.5

Hopt Pear & Basil 5.5

Hopt Eldeberry & Herb 5.5

Hopt Salted Lychee 5.5

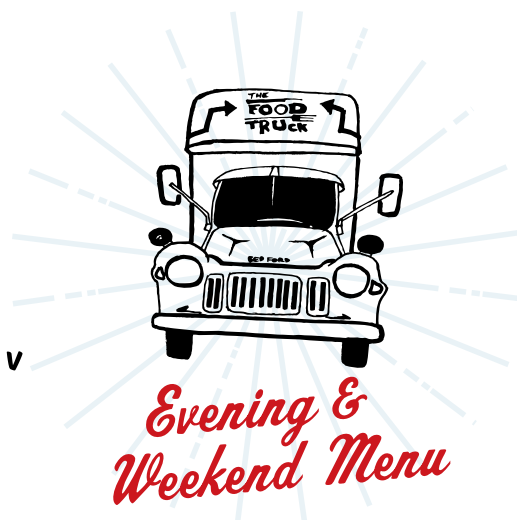
Orange, Apple, Cranberry or Pineapple Juice 4.5

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V = Vegetarian



LITTLE TRUCKERS MENU



KIDS MEALS

PERFECT FOR HUNGRY LITTLE TRUCKERS

KIDS BURGER – Smaller beefroot burger with cheese, gherkin, onions, tomato sauce and mustard, served with baked chips & salad. \$8

DIGGITY DOG – Mini pork hot dog with squiggles of mustard and tomato sauce, baked chips & salad. \$8

CHICKY NIBBLES – Free-range chicken bites (3) with our homemade BBQ sauce, baked chips & salad. \$10

JUICES

JUICY LUCY JUICES BY THE GLASS

- * **APPLE** \$4
- * **ORANGE** \$4
- * **CRANBERRY** \$4
- * **PINEAPPLE** \$4

MILKSHAKES

MADE WITH FROZEN YOGHURT & FRUIT

- * **BERRYLICIOUS** – Cranberry, raspberry and beetroot shaken with fro-yo and trim milk, \$7
- * **BANANARAMA** – Banana, date and fig, shaken with fro-yo and trim milk, \$7
- * **FEIJOAGOER** – Local feijoa, vanilla bean and pineapple shaken with fro-yo and trim milk, \$7



GOOD TO GO.

FRO YO!

FROZEN YOGHURT SUNDAES

- * **THE WORKS** – Fro-yo w. both of the below toppings, \$4
- * **BERRY SUNDAE** – Fro-yo w. our berry sauce, \$3.5
- * **CHOC ROCK** – Fro-yo w. chocolate & nuts, \$3.5.
- * **VANILLA** – Straight up, \$3.

KIDS & PARENTS

*WE WELCOME YOUR FEEDBACK.
PLEASE TELL YOUR WAITER WHAT YOU
THINK OF OUR LITTLE TRUCKERS MENU
OR EMAIL [INFO@FOODTRUCKGARAGE.CO.NZ](mailto:info@foodtruckgarage.co.nz)*